

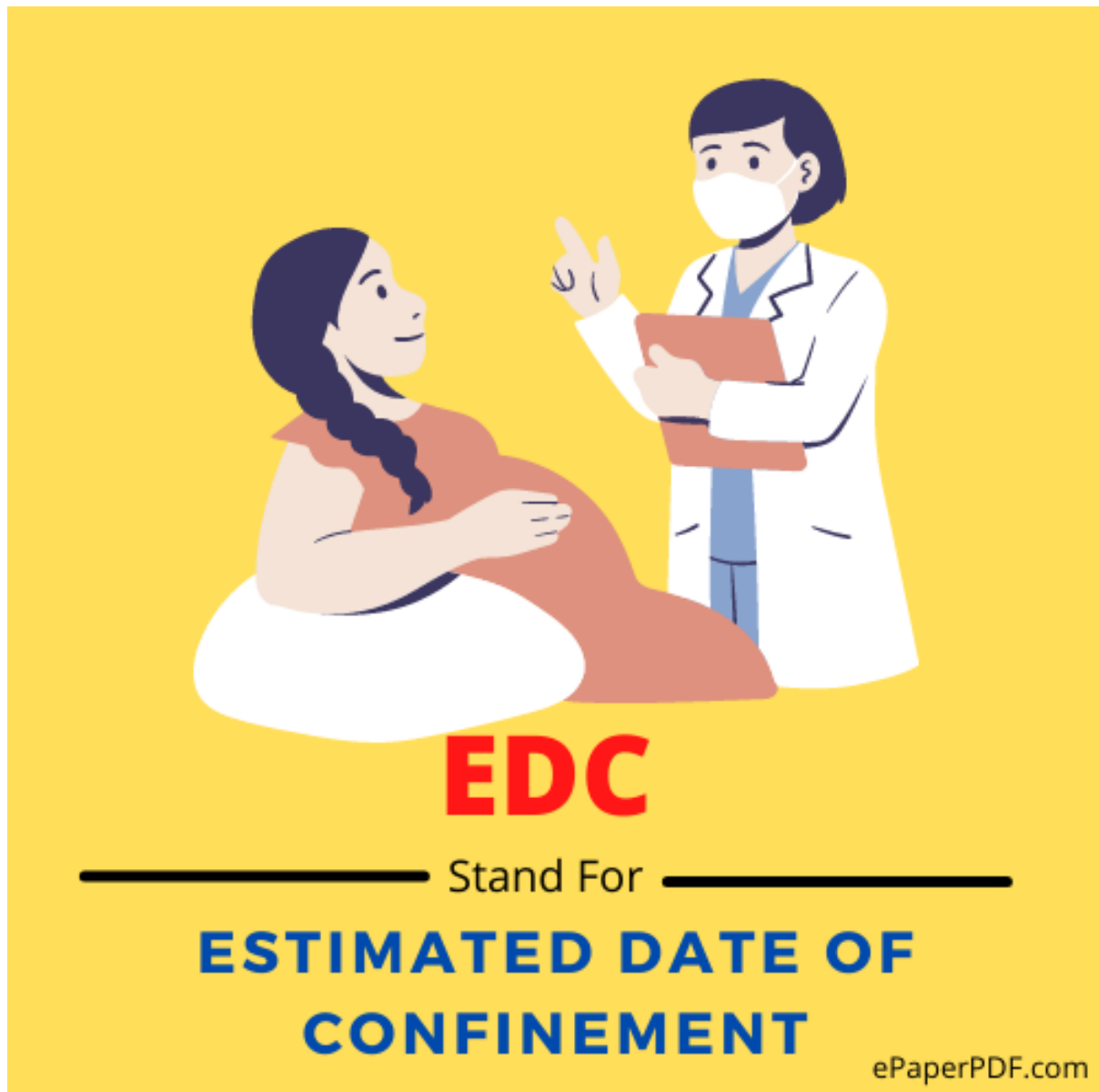
# EDC Full Form In Pregnancy

EDC Full Form In Pregnancy: You will find the complete Full form and all details about EDC in the following Posts. Kind request you to read till the end to understand the complete meaning. Also, you will find PDF at the End of the complete information.

**EDC Stands For Estimated Date of Confinement**

## What is EDC?

The accurate determination of a patient's "due" date, referred to by doctors and midwives as the EDC (Estimated Date of Confinement) or EDD (Estimated Date of Delivery), is very important for a variety of reasons.



# What is the Importance of EDC?

From the monitoring of the baby's growth to doing necessary tests and also correct diagnosis of premature labor, and many other complicated situations that arise during pregnancy, all depends on a correct determination of the EDC for appropriate management.

## How EDC is calculated?

**Past methods:** In the past, it was calculated using Naegele's Rule:

It is determined by subtracting 3 months from the 1st day of the last period and then adding 7 days. When women who have regular 28-day cycles present for prenatal care this turn out to be the correct method.

But it is very common to have patients with irregular or infrequent menstrual cycles or have any tumors problems which show the uterus to be enlarged on pelvic exam. Hence it is difficult to correctly determine the EDC using the above method.

**Modern Methods:** It involves methods like ultrasound. Using this technique we can obtain very reliable images. Hence ultrasound done between 7 and 13 weeks is most accurate.

How accurate, you say? Compare the maximum error that each ultrasound can potentially have, and you'll see what I mean:

- 1st Trimester (7-13 weeks): plus or minus 5 days
- 2nd Trimester (14-28 weeks): plus or minus 10-14 days
- 3rd Trimester (29-40 weeks): plus or minus 21 days!

This means that a pregnancy for which no period dates are available, and who did not get an exam or ultrasound until the third trimester, can have an EDC which could conceivably fall within a range as broad as 42 days! Talk about uncertainty.

Hence, it is very important to calculate correct EDC and hence manage the pregnancy dates properly.

## Other Full Form of DOPS:

DOP	Electronic Data Capture
DOP	Extensor Digitorum Communis
DOP	Electronic Data Collection
DOP	Epidemiology of Diabetes Complications
DOP	Epidermal Differentiation Complex
DOP	Endocrine Disrupting Compound
DOP	1-ethyl-3-(3-dimethyl aminopropyl)carbodiimide